

# *Barton and Megan Cutter*

## *Portfolio*

### Barton and Megan Cutter Bio

Barton is a professional coach and mentor who uses his humor and uncompromising wit to empower youth with disabilities and their families to discover a clear and powerful vision of their own independence within the community of their choosing. He combines his life experience of living with cerebral palsy and a professional background of youth leadership to support children and families to bring their vision to life through action steps that are both inspiring and practical.

After graduating from The University of Arizona, Barton spent several years spearheading Youth Leaders in Action, an advocacy and leadership program for junior high and high school age youth with disabilities. Under his direction, Youth Leaders in Action developed a leadership curriculum to empower youth with disabilities to advocate for themselves. Further, he was a driving force behind a statewide conference focused on youth with disabilities and post-secondary education in which he united stakeholders with various interests under a common vision to achieve unified goals.

Barton also was the Communications Director for The North Carolina Council on Developmental Disabilities from 2007-2013 and Co-Coordinator for the Lifetime Connections Program with First in Families of North Carolina. From 2011-2012, he was a monthly columnist for The News & Observer Our Lives Column. Today, he continues his work with various organizations as a coach, facilitator and content developer.

Megan Cutter is a professional editor, writer and social media strategist with over 18 years of experience in the field. Her expertise includes e-marketing campaigns for product and program launches, manuscript and article editing, as well as copy writing for websites, newsletters, magazines, and social media campaigns. In addition, Megan has organized trade shows and event launches for corporations and non-profit organizations.



*Cutter's Edge Consulting*



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After graduating from Randolph-Macon Woman's College, Megan worked in corporate marketing until 2005 when she began a full-time writing and teaching practice. Megan has published clips in Natural Awakenings, Empower Magazine, Med Monthly, News & Observer (North Raleigh News), Circa, and Jubilation. Her writing features local community organizations, emphasizes local sustainability, and brings together different communities into common goals.

Together, Barton and Megan break many barriers and assumptions through being open about their relationship, speaking locally and nationally about disability awareness, inclusionary leadership training, creating healthy relationships, relationships and disabilities, self-defense for people with disabilities, and emergency preparedness.



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### Client Work

#### Health Coach VA Portfolio

Megan Cutter writes website, sales page and squeeze page copy; auto-responders and broadcasts; as well as social media copy for clients.

<http://healthcoachva.com/portfolio/>

#### The North Carolina Council on Developmental Disabilities

Barton Cutter was the Communications Director from 2007-2013 and drafted and edited content for the North Carolina Council on Developmental Disabilities website, as well as their People First Teen Booklet and the FYI Booklets.

<http://nccdd.org/>

[http://www.nccdd.org/publications/People\\_First\\_Youth-5.pdf](http://www.nccdd.org/publications/People_First_Youth-5.pdf)

<http://www.nccdd.org/publications/FYI2006.pdf>

<http://www.nccdd.org/publications/index.html>

#### Easter Seals UCP of NC & VA

Barton Cutter is a regular blog writer.

<http://nc.eastersealsucp.com/news-blog/employment-and-disability/>

#### RHA Howell, Inc.

Barton Cutter is a regular blog writer.

<http://rhahowell.wordpress.com/category/life-unbound-series/>

#### The Botanical Coach

Megan Cutter wrote website copy and social media content for The Botanical Coach.

<http://botanicalcoach.com/>

#### David M. Damare Team

Megan Cutter writes newsletter content.

<http://www.davidmdamare.com/newsletter/>



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### Clips from the Cutters

Disability.gov

Barton and Megan Cutter wrote a guest blog for Disability.gov in 2013.

<http://usodep.blogs.govdelivery.com/2013/11/04/inter-ability-relationships-a-journey-into-understanding/>

#### **Barton Cutter**

The Mobility Resource Blog

Barton Cutter is a regular blogger for The Mobility Resource.

<http://www.themobilityresource.com/transforming-limitations-into-assets-tips-for-workplace-leadership/>

News and Observer Our Lives Column (2011):

Cultivate an Ability to Belie Disability

<http://www.newsobserver.com/2011/08/14/1409005/cultivate-an-ability-to-belie.html#storylink=misearch>

News and Observer Our Lives Column (2011):

What Heats Up Must Cool Down

<http://www.newsobserver.com/2011/11/27/1670725/what-heats-up-must-cool-down.html>

#### **Megan Cutter**

Natural Awakenings Triangle

Megan Cutter has written a monthly Heart of the Triangle Column in Natural Awakenings from 2007-2014.

<http://www.naturalawakeningstriangle.com/articles.html>

Professional Business Networking On and Off the Web (2013)

<http://pronetworkingonline.com/crowd-funding-for-small-businesses-and-individuals/>

Med Monthly

Megan Cutter wrote book reviews for Med Monthly in 2011.

<http://issuu.com/medmedia9/docs/mm-july2011-web/25?e=0> (page 24)



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### Testimonials

#### **Barton reveals a world of possibilities**

“Barton is a dedicated professional whose writing reveals a world of possibilities available to all regardless of perceived disability. He leads by example and encourages those around him to stretch beyond their comfort zone opening doors previously thought locked.”

~Lynell Sanderson, Program Manager and Policy Analyst

#### **Barton and Megan have sharp eyes and know what the right message is**

“Barton and Megan’s writing and editing skills are both professional and impeccably clear. They are passionate about the work they produce, and it shows. They have sharp eyes and knows what the right message is, and knows how best to convey that message.”

~Martin Brossman, Success Coach, Speaker and Trainer

#### **Barton blew me out of the water**

“With Barton’s insight, intuition, and an uncanny incisiveness that comes straight from the heart, Barton blew me out of the water. The man can coach. If you know it’s time to get on with becoming who you were meant to be, if you are really ready to take action, if you are willing to be challenged and take ownership of and responsibility for your life, you will find your time with Barton Cutter well spent.”

~Ken Mossman, CTI Faculty

#### **Your presentation was the first time I ever learned about love**

“I have to tell you, when you and Barton Cutter spoke at Health Affairs Round Table this summer, I was just really impressed. I didn’t really know what to expect. I’ve been to nearly all of our presentations over the last 9 years and can honestly tell you that your presentation was the first time I ever learned about love at one of our meetings. Thanks so much!!! It was awesome!”

~ Tobi Glovinsky Bowen, President, Everything Made Special, Marketing and Events



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### Previous Speaking Engagements

#### Conferences and Keynote Addresses

Barton and Megan Cutter: NC APSE Spring Conference, "Opening to Life: Reaching Beyond Boundaries, Limitations and Challenges," Carolina Beach, NC, March 27, 2014.

Barton and Megan Cutter: The Abilities Expo Atlanta, "Making the Impossible Possible: Overcoming Roadblocks, Challenges, and No's," Atlanta, GA, March 15, 2014.

Barton and Megan Cutter: The Frazer Center "Opening Doors to Positive Change and Overcoming Challenges," Atlanta, GA, March 13, 2014.

Barton and Megan Cutter: Mobility Ventures MV-1 Launch, South Bend, IN, March 9, 2014

Barton and Megan Cutter: Petchakutchu, "Making the Impossible Possible," Raleigh, NC, March 6, 2014.

Barton and Megan Cutter: Living Well With a Disability, "Communication, Dating, and Intimacy," Lancaster, PA, August 24, 2013.

Barton and Megan Cutter: Abilities Expo Chicago, "Healthy Relationships: Tips for Dating and Intimacy," Chicago, IL, June 28-30, 2013.

Barton and Megan Cutter: First in Families Summit Keynote "Opening to Life: Beyond Boundaries, Limits and Challenges," Raleigh, NC, April 17, 2013.

Barton and Megan Cutter: HART Luncheon Keynote, "Inter-Ability Couples," Raleigh, NC, July, 2012.

Megan Cutter: National Inclusion Project, "Creative Expression, Storytelling and Drama" and "Building Inclusive Relationships," Raleigh, NC, April, 2012.

Barton and Megan Cutter: National Inclusion Project, Inclusion Panel, Raleigh, NC, April, 2011.

Barton and Megan Cutter: People First Conference of West Virginia- Getting Prepared, Being Prepared, "Staying Safe in Your Community Keynote Address," Jackson Mill, WV,



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September 8-10, 2010.

Barton and Megan Cutter: Community Resource Alliance- In Such a Time as This... Responding Wisely in Difficult Times, Panel Discussion "The Importance of Self Advocacy," Durham, NC, March 7-9, 2010.

Megan Cutter: "Writing Your Memoir as a Tool for Healing," Wellness and Writing Connections Conference, Atlanta, GA, October, 2009.

Barton and Megan Cutter: People First of West Virginia 2009 Conference, "Real Lives, Real Relationships Keynote Address," Parkersburg, WV, September, 2009.

Barton and Megan Cutter: International Conference on Self-Determination, "Building Your Own Life Through Self-Determination, a Panel Discussion," Winston-Salem, NC, May, 2009.  
Barton and Megan Cutter: North Carolina Council on Developmental Disabilities Quarterly Meeting, "Real Relationships: Risks & Responsibilities, a Panel Discussion," Raleigh, NC, November, 2008.

Megan Cutter: "Journaling as Survivorship," Save Our Sisters Breast Cancer Survivor Conference, Raleigh, June 2008.

Barton Cutter: "A New Horizon" Taking the Next Step: Preparing Youth with Disabilities for Post-Secondary Education, Greensboro, NC, January, 2007.

Barton and Megan Cutter: "Staying Safe In Your Community," Association of Self Advocates of North Carolina 2006 Conference, May 2006.

Barton and Megan Cutter: "Staying Safe In Your Community," North Carolina Council on Developmental Disabilities Quarterly Meeting, November 2005.



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### Ink in the Wheels: Stories to Make Love Roll Readings and Events

Christ Church of Raleigh Adult Formation Class, "Beyond Words: Communicating Through Love," February 9, 2014.

HEART Health Education and Advocacy Training Panel Discussion, Alliance for Disability Advocates, February 7, 2014.

Featured Readers for "An Evening of Inter-Ability and Open Mic," Manteo, NC, May 9, 2013.

RHA Annual Employee Awards, Raleigh, NC, May 3, 2013.

Easter Seals UCP Walk With Me, Raleigh, NC, April 13, 2013.

North Carolina Council of Developmental Disabilities Quarterly Meeting, Cary, NC, February 14, 2013.

Youth Group, The Alliance for Disability Advocates, Raleigh, NC, February 11, 2013.

Ink in the Wheels: Stories to Make Love Roll Release Event, Raleigh, NC, February 8, 2013.

### Workshops

Barton and Megan Cutter: "Staying Safe in Your Community," Bridges of Philips Academy, Charlotte, NC, March-May, 2013.

Barton and Megan Cutter: DisAbled Protection, Bridge II Sports, Durham, NC, August 2012.

Megan Cutter: "Sharing Your Personal Story," Duke OLLI, Durham NC, January-May, 2012.

Barton and Megan Cutter: DisAbled Protection Demonstration, Bridge II Sports, Durham, NC, May 2012.

Megan Cutter: Creative Expression Workshop at Reality Center School, Durham, NC, January-May, 2012.



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Barton and Megan Cutter: DisAbleD Protection, Reality Ministries Center, Durham, NC, May 2011.

Megan Cutter: "Discovering the Depth of Your Story," Duke OLLI, Durham, NC, April-May, 2011.

Barton and Megan Cutter: ArtStream Inclusive Theatre Writing Workshop, ArtStream, Raleigh, NC, February-April, 2011.

Barton and Megan Cutter: "Uncovering Your Authentic Voice Through Coaching and Writing," Friends Meeting House, Raleigh, NC, October 2010.

Megan Cutter: "Living Your Visionary Life," A Place for Women to Gather, Raleigh, NC, September, 2010.

Megan Cutter: Creative Expression, Reality Ministries Center Inclusive Summer Camp, Durham, NC, August 2010.

Megan Cutter: Wellness Through Writing Series, North Regional Library, Raleigh, NC, August 2009-May 2010.

Megan Cutter: "Creative Journaling Through Obstacles & Transitions," Western Wake Library, Cary, NC, April, 2010.

Megan Cutter: "Writing Your Memoir Through Creative Journaling," Meredith College, Raleigh, NC, March-April, 2010.

Megan Cutter: "Creative Journaling: Crafting the Story," Meredith College, Raleigh, October, 2009.

Barton and Megan Cutter: DisABLED Protection, Residential Resource Center, Charlotte, NC, July, 2009.

Megan Cutter: "Creative Journaling: Writing Through Transitions," Meredith College, Raleigh, March, 2009.

Megan Cutter: "Woman's Empowerment Workshop," A Place for Women to Gather, Raleigh, January, 2009.



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Megan Cutter: "Creative Journaling: Finding Your Authentic Voice," Meredith College, Raleigh, October, 2008.

Megan Cutter: "Writing Through Transitions," Morning Glory Center for Creative Healing, Wake Forest, March-May 2008.

Megan Cutter: "Writing Through Loss and Grief," Morning Glory Center for Creative Healing, Wake Forest, October 2007.

Barton and Megan Cutter: DisABLED Protection, Residential Resource Center, Charlotte, NC, July, 2007.

Barton and Megan Cutter: DisABLED Protection, Residential Resource Center, Charlotte, NC, August, 2006.

Barton Cutter: Youth Leaders in Action, Raleigh, NC.  
"Breaking Through Barriers," March-July, 2007.  
"Staying Safe In Your Community," February, 2007.

Barton Cutter: Youth Leaders in Action, Winston-Salem, NC.  
"Taking Initiative," January, 2007.

Barton Cutter: Youth Leaders in Action, Raleigh & Winston-Salem, NC.  
"Showing Others What You Have to Offer," December, 2007.  
"Knowing Your Talents & Utilizing Them," November, 2006.  
"Requesting Reasonable Accommodations," October, 2006.  
"How Disability Rights Effect You At School & at Work," September, 2006.  
"An Overview of Disability Rights in the US," August, 2006.  
"Contributing to Your Family & Community," July, 2006.  
"Speaking Up for Your Own Supports," June, 2006.  
"Identifying Personal Responsibilities," May, 2006.



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